Middle School Lunch Menu

refresh, refuel, relax.

January 2018

Winter Break

Winter Break

Cheeseburger

Chicken Nuggets w/ Roll Berry Smoothie w/ Annie's & Cheese Turkey Swiss Sandwich

side items

Sweet Potato Tator Tots, Celery Sticks, Sliced Pears, Frozen

Milk: Skim, 1%, Chocolate

Chicken Tater Tots Nachos w/ Rice

Mini Corn Dogs Fruit, Yogurt & Cheese Plate Ham and Cheese Sandwich

Baby Carrots, Campfire Beans, OJ, Milk: Skim, 1%, Chocolate

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French Toast Sticks w/ Sausage

Homemade Meatlovers Pizza Ham & Turkey Chef Salad w/ Roll Chicken & Cheese Sandwich

Red Pepper Strips, Seasoned Broccoli, Wango Mango Juice, Fruit

Milk: Skim, 1%, Chocolate

Pizza Dippers

Spicy Chicken Patty Build Your Own Pepperoni Pizza Ham and Provolone Sub

side items

Seasoned Corn, Fresh Broccoli, Fresh Grapes, Craisins Milk: Skim, 1%, Chocolate

Walking Tacos w/ Rice

Mini Corn Dog Fruit, Yogurt & Cheese Plate Turkey and Cheese Wrap

side items

Green Beans, Red Pepper Strips, Grapefruit, Applesauce Cups Milk: Skim, 1%, Chocolate

Orange Popcorn Chicken w/ Rice

Chicken Nuggets w/ Breadstick Parfait w/ Granola & Cheese Turkey Ham and Swiss Sandwich

Sweet Potato Tater Tots, Baby

Carrots, Fresh Apple, Frozen Strawberry
Milk: Skim. 1%. Chocolate

Pizza Dippers

Chicken, Bacon Carbinara Fruit, Yogurt & Cheese Plate Ham and Cheese Sandwich

Charro Beans, Celery Sticks, Orang Wedges, Applesauce Milk: Skim, 1%, Chocolate

Chicken Tenders w/ Roll

Homemade Sausage Pizza Ham & Turkey Chef Salad w/ Roll Chicken & Cheese Sandwich

Kale Chips, Cucumber Slices, Raisins, Fruit Cup Milk: Skim, 1%, Chocolate

National Hot Dog Day! Hot Dog

Spicy Chicken Patty Build Your Own Pepperoni Pizza Ham and Provolone Sub

Seasoned Green Beans, Red Pepper Strips, Fresh Grapes, Fruit Mix Milk: Skim, 1%, Chocolate

French Toast Sticks w/ Sausage

Mini Corn Dog Fruit, Yogurt & Cheese Plate Turkey & Cheese Wrap

Hashbrown, Baby Carrots, Orange Juice, Strawberry Cups Milk: Skim, 1%, Chocolate

Pulled Pork Sandwiches

Chicken Nuggets w/ Breadstick Berry Smoothie w/ Annie's & Cheese Turkey Ham and Swiss Sandwich

Sweet Potato Fries, Garden Salad, Fresh Apple, Blueberries Milk: Skim, 1%, Chocolate

Popcorn Chicken w/ Roll

Pizza Dippers Fruit, Yogurt & Cheese Plate Ham and Cheese Sandwich

Sweet Golden Corn, Celery Stick, Orange Wedges, Fresh Grapes Milk: Skim, 1%, Chocolate

Loaded Potato Wedges w/ Rice

Meat and Cheese Calzone Ham & Turkey Chef Salad w/ Roll Chicken & Cheese Sandwich

Refried Beans, Garden Salad, Craisins, Applesauce Milk: Skim, 1%, Chocolate

Spaghetti and Meat Sauce w/ Breadstick

Spicy Chicken Patty Build Your Own Pepperoni Pizza Ham and Provolone Sub

Red Pepper Strips, Seasoned Green Beans, Fresh Grapes, Sidekick Milk: Skim, 1%, Chocolate

Pizza Dippers

Mini Corn Dog Fruit, Yogurt & Cheese Plate Turkey & Cheese Wrap

French Fries, Fresh Broccoli, Strawberry Cups, Sliced Peaches Milk: Skim, 1%, Chocolate

Beef Tacos w/ Rice

Chicken Nuggets w/ Breadstick Parfait w/ Granola & Cheese Turkey Ham and Swiss Sandwich

Pinto Beans, Baby Carrots, Orange Juice, Fresh Pears Milk: Skim, 1%, Chocolate

Ranch Chicken Flatbread

French Toast w/ Sausage Fruit, Yogurt & Cheese Plate Ham and Cheese Sandwich

Fresh Broccoli, Sweet Baby Corn, Fresh Apple, Craisin
Milk: Skim, 1%, Chocolate

No School

side items

Hot Tot Wrap

Spicy Chicken Patty Build Your Own Pepperoni Pizza Ham and Provolone Sub

side items

Sweet Baby Corn, Garden Salad, Fresh Grapes, Fruit Mix Milk: Skim, 1%, Chocolate 30

Turkey Haystack w/ Roll

Mini Corn Dog Fruit, Yogurt & Cheese Plate Turkey & Cheese Wrap

Fresh Broccoli, Mashed Potatoes w. Gravy, Orange Juice, Applesauce Milk: Skim, 1%, Chocolate

Cheesy Baked Rotini w. Roll

Chicken Nuggets w/ Breadstick Berry Smoothie w/ Annie's & Cheese Turkey Ham and Swiss Sandwich

Baby Carrots, Garden Salad Strawberry Cups, Craisins Milk: Skim, 1%, Chocolate

Chicken Pizza Quesadilla

Fish Sticks w/ Roll Fruit, Yogurt & Cheese Plate Ham & Cheese Sandwich

Pinto Beans, Red Pepper Strips, Orange Juice, Sliced Pears Milk: Skim, 1%, Chocolate Frozen Treat Day

Beef Nachos w/ Spiced Rice

Homemade Taco Pizza Ham & Turkey Chef Salad w/ Roll Chicken & Cheese Sandwich

Cucumbers, Spinach Strawberry Salad, Craisins, Strawberry Cups, Frozen Treat! Milk: Skim, 1%, Chocolate

Menu Subject to Change



New Recipes!

Come check our our new recipes! Some new recipes include: Build Your Own Pepperoni Pizza, Walking Taco's, Loaded Potato Wedges to name a



Prices!

Reduced: \$0.40. Paid: \$2.80, Adult: \$3.55

Jan 8-12: N'awlins Spicy Wrap Jan 15-19: Lil'Italy Chicken Bowl w/ Rice Feb. 2: Free Frozen Treat w/ Meal Purchase